

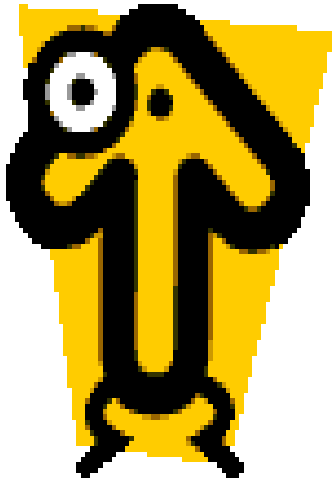


# Build Mindset ... Stop Violence

Assoc.Prof.Dr.Suriyadeo Tripathi  
Director Center for Morality Promotion







**Risk**



**Power of  
social  
immunity**

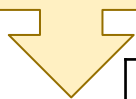
**Protection**  
**Life assets**





**Poor kids  
(young people)**

**Prevention  
promotion  
protection:**



**Willing go to  
school**

**Working skills**

**Healthy Social  
relations**

**Culture  
Way of  
life**

**Build mindset**

**poverty and violence cycle**

**increased risk  
of leaving the  
school**

**Depression  
that is not  
treated**

**increased risk  
for drug  
dependence**

**increased risk  
for sexual  
abuse**

**increased risk  
behaviors**



*Benjet, Borges, Medina-Mora, et al., 2006*



# What makes the Asset-Building Difference?

***From:***



***To:***

**Focus on Problem**



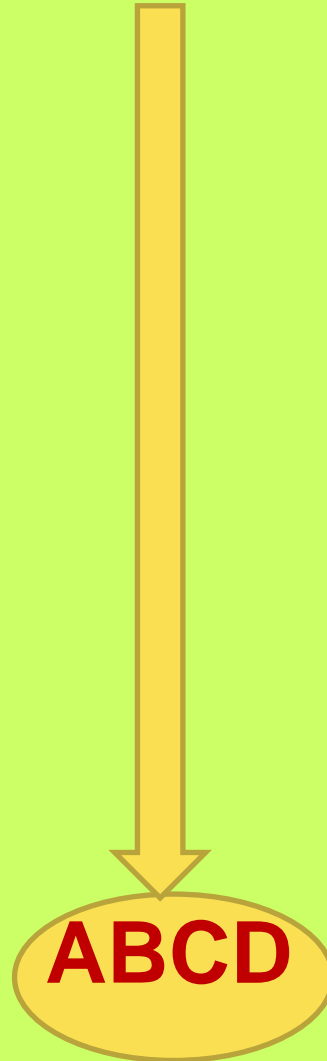
**Young people's  
problems**

**Troubled young  
people**

**Young people  
absorbing resources**

**Professionals' work**

**Final result is rule /  
law (Top Down)**



**ABCD**

**Focus on Positive**



**Young people's  
strengths**

**All young people**

**Young people as  
resources**

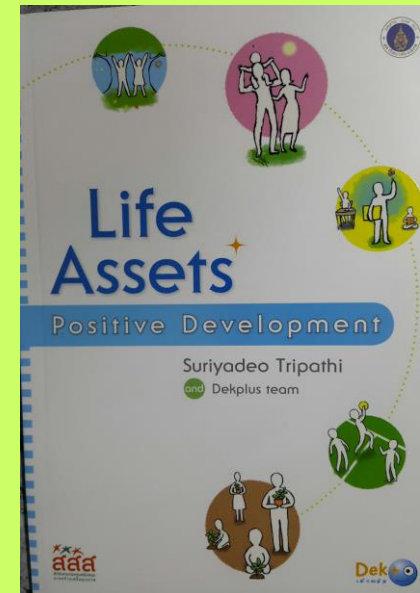
**Everyone's work**

**Final result is  
Meaningful Participation**



# *Globalization Positive power movie*

Assoc.Prof.Dr.Suriyadeo Tripathi,2016





# Mental and Spiritual Strength



I AM  
I HAVE  
I CAN







รศ.นพ.สุริยเดว ทรีปาตี  
ผู้อำนวยการศูนย์คุณธรรม

# Life Assets

Positive Development

ศูนย์คุณธรรมเสนอหลักสูตรต้นทุนชีวิต  
สร้างวัยขึ้นชีวิตด้วยพลังบวก







# Life Assets

## Positive power of Thailand

**Assoc.Prof.Dr. Suriyadeo Tripathi MD.**

Director of Center for Morality Promotion (Public Organization)





**Life Assets** is a protective factor, which includes life skills and conscious mind of children and youth in their selves and their surroundings that have influenced to their living, e.g. family, cognitive formation process, community and peers. (*Definition by Assoc.Prof.Dr. Suriyadeo Tripathi Thailand 2010*)





# ***Cognitive & Mindfulness*** **( Life Assets)**

*Assoc.Prof.Dr.Suriyadeo Tripathi,2016*

**Big Thumb = Power of Self**

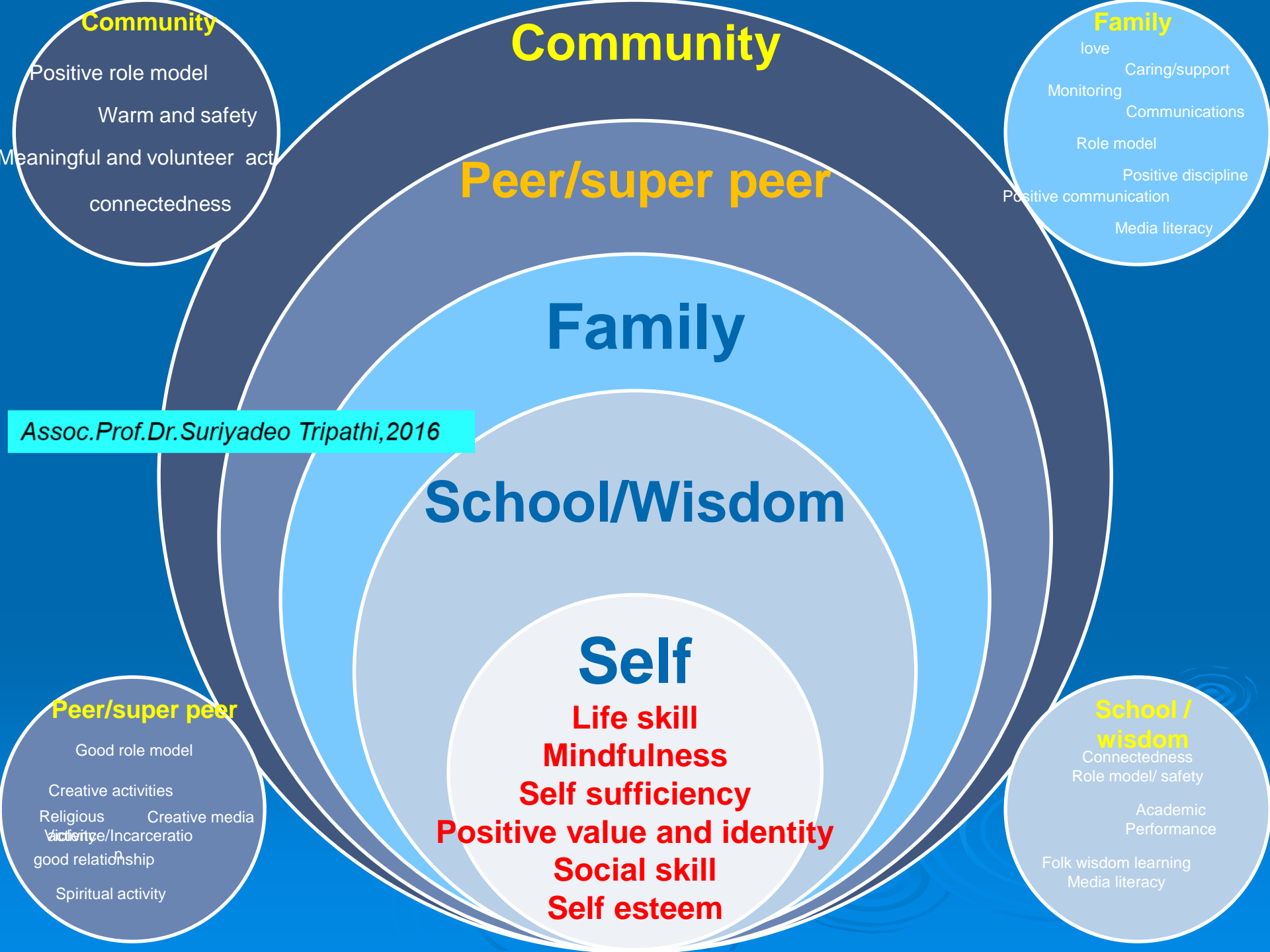
 **→ Power of Family**

**→ Power of Wisdom**

**→ Power of peer**

**→ Power of community**







ARTICLE



# Validation of the factor structure of the Positive Life Assets Scale for high school students in Thailand

Suriyadeo Tripathi

National Institute for Child and Family Development, Mahidol University, Salaya, Nakhon Pathom, Thailand

## ABSTRACT

The aim of the present study was to determine the factor structure of the Positive Life Assets Scale (PLAS), a new measure to identify both internal and external life assets among high school students in Thailand, and to further examine the usefulness of the PLAS for a comprehensive, developmental, and strengths-based school and community integration program. A total of 12,200 high school students from 10 provinces within Thailand participated in the study. The factor structure of the PLAS was determined by first conducting an exploratory factor analysis on the 48-item scale and then using a confirmatory factor analysis to test the fit of the previously hypothesized factor structure of constructs assessed by the PLAS. The five factors extracted represented five major areas of the positive life assets as originally defined including powers of Community, Family, Peer, and Wisdom, which are external assets and power of Self, which is an internal asset. The five factors accounted for 49% of the total variance in PLAS scores. The analyses suggest that the tool can be a valid measure of positive life assets for high school students in Thailand. Future research efforts will include conducting additional studies to examine the construct validity of the PLAS.

## KEYWORDS

adolescent; clinical assessment; cross-cultural; developmental adolescence; health promotion; psychosocial functioning; school-based mental health services; Positive Life Assets Scale; factor structure

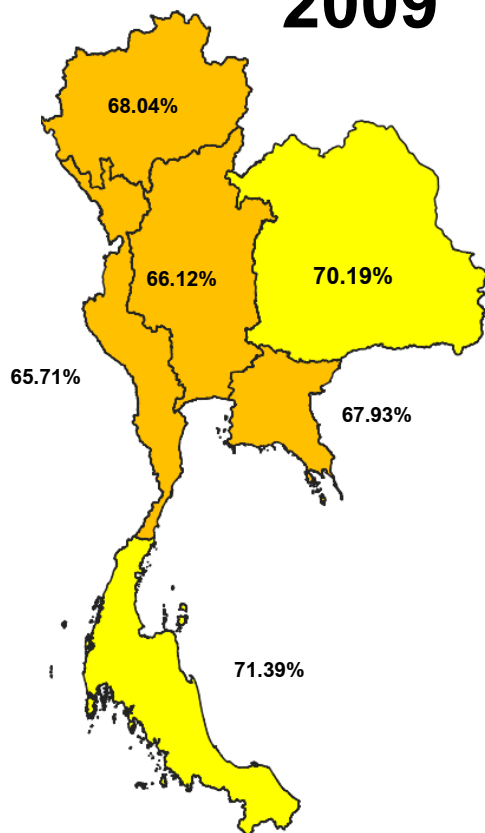




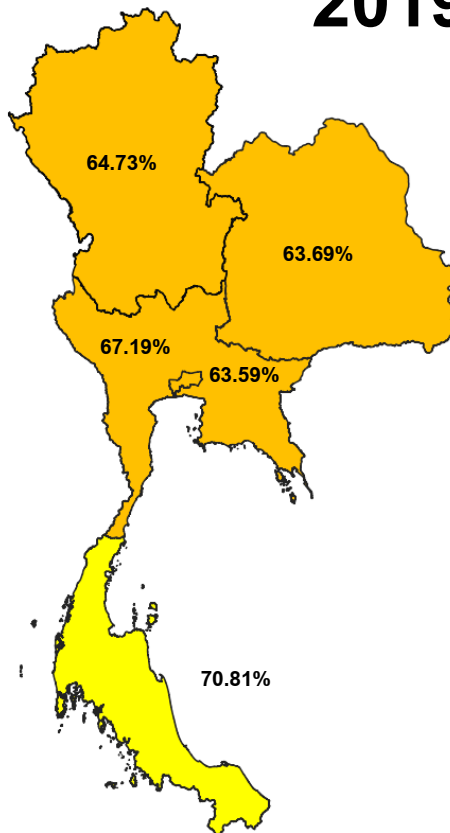
# Comparison on Life assets of children and youth in 12 years



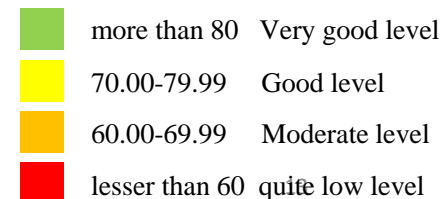
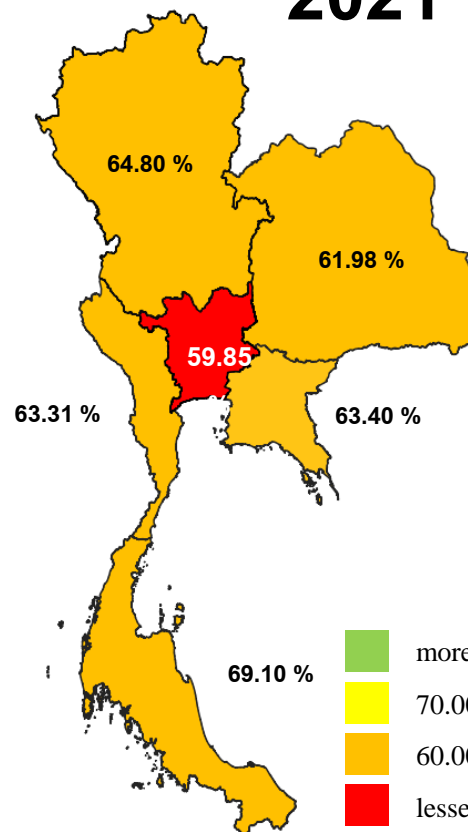
**2009**



**2019**



**2021**







## Life Assets, Positive power ecosystem

**1<sup>st</sup> survey community-based nationwide**

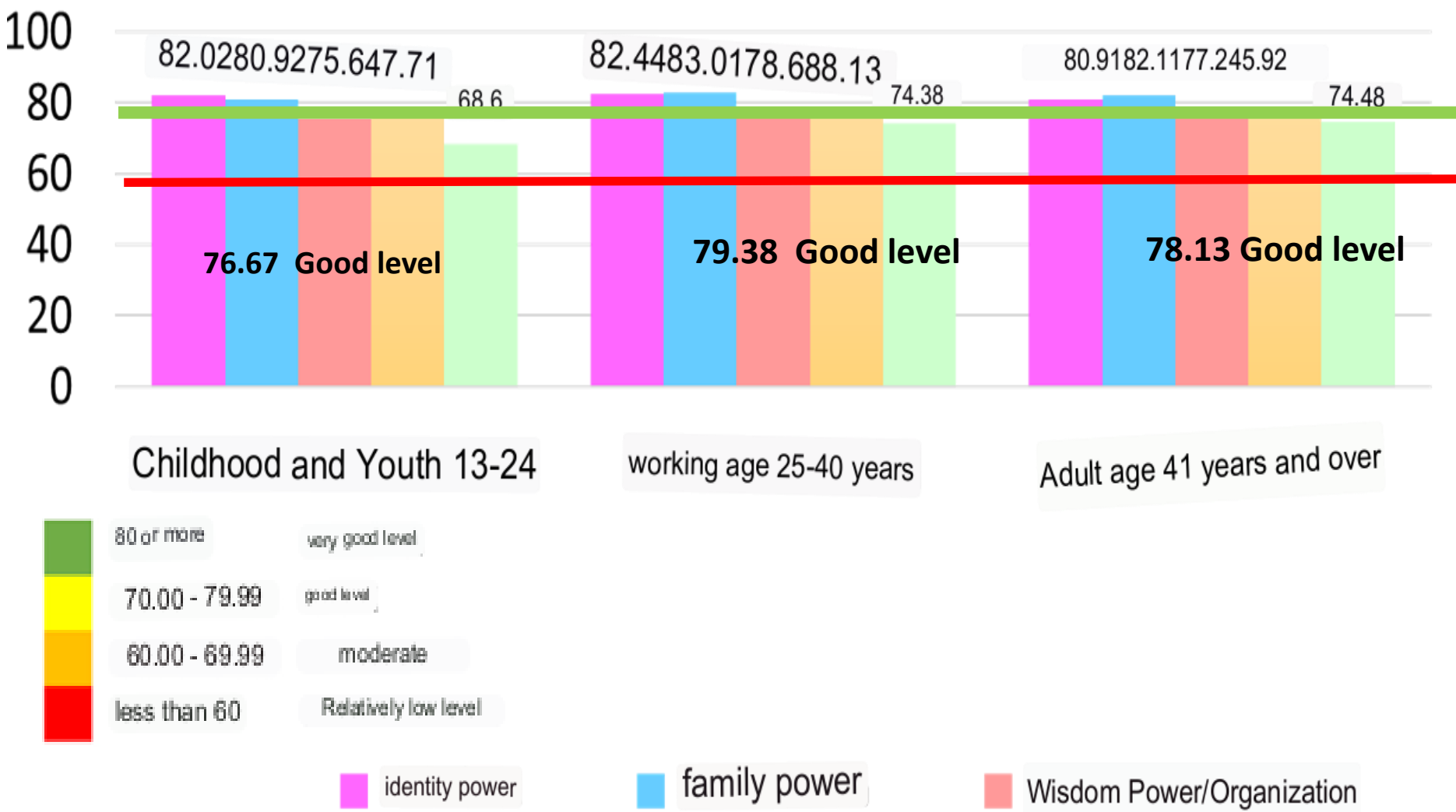
**Youth 13-24 yrs.  
Early Adulthood 25-40 yrs.  
Elderly Adult 41 yrs.**

## Five Subpower

Power self  
Family power  
Power of Wisdom  
Power Community  
Power of Peer



# Comparison of Life Assets in 3 Age Groups







# Life Assets and Moral Index Thailand

**Assoc.Prof.Dr. Suriyadeo Tripathi MD.**

Director of Center for Morality Promotion (Public Organization)







# Three Principles of **MORAL INDEX**



- **Translation Morality as a good Behavior**
- **Categorize groups of behavior**  
(Character or Value of people in country) in their way of life age-appropriated in their Bio-Ecosystem.
- **Self Reflection / self evaluation**



# Rule of Law MORAL INDEX

**1. All the questionnaire begin with “ I .....”**

*(Self reflection/evaluation)*

**2. Area-based approach**

*( multigeneration and multicultural living together in their way of life)*

**3. Three age group approach**

*(according to age-appropriate ecology)*

**4. Five Scale of Leveling ;**

*Excellent = green, Good= Yellow, Fair= Orange, Poor=Red and Crisis=Purple*





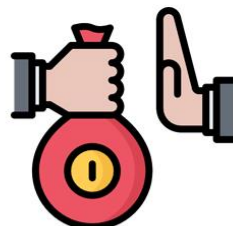
# Moral Index : indicators in 5 aspects



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(ม.ศ.บ.)



Sufficiency	Discipline and Responsibility	Honesty	Public/Social mind	Gratitude
<ul style="list-style-type: none"><li>- <b>Modesty</b></li><li>- Rationality</li><li>- Risk management</li></ul>	<ul style="list-style-type: none"><li>- Acceptance and regulation</li><li>- <b>Self-regulation</b></li><li>- Commitment in duties performing</li><li>- Accepting the consequences of action</li></ul>	<ul style="list-style-type: none"><li>- <b>Ashamed from doing the wrong things</b></li><li>- No exploit or seeking for benefit</li><li>- Uprightness</li></ul>	<ul style="list-style-type: none"><li>- <b>Volunteer spirit</b></li><li>- Public consciousness</li><li>- Sacrifice to help the others</li></ul>	<ul style="list-style-type: none"><li>- <b>Consciences</b></li><li>- <b>Respect on goodness</b></li><li>- <b>Repay for goodness</b></li></ul>





# Moral Index : the group of Thai people aged between 25-40 years old



Morality	aspects
Sufficiency	<ul style="list-style-type: none"><li>● Modesty</li><li>● Rationality</li><li>● Risk management</li></ul>
Discipline and Responsibility	<ul style="list-style-type: none"><li>● Acceptance and regulation</li><li>● Self-regulation</li><li>● Commitment in duties performing</li><li>● Accepting the consequences of action</li></ul>
Honesty	<ul style="list-style-type: none"><li>● Ashamed from doing the wrong things</li><li>● No exploit or seeking for benefit</li><li>● Uprightness</li></ul>
Public mind	<ul style="list-style-type: none"><li>● Volunteer spirit</li><li>● Public consciousness</li><li>● Sacrifice to help the others</li></ul>
Gratitude	<ul style="list-style-type: none"><li>● Consciences</li><li>● Respect on goodness</li><li>● Repay for goodness</li></ul>

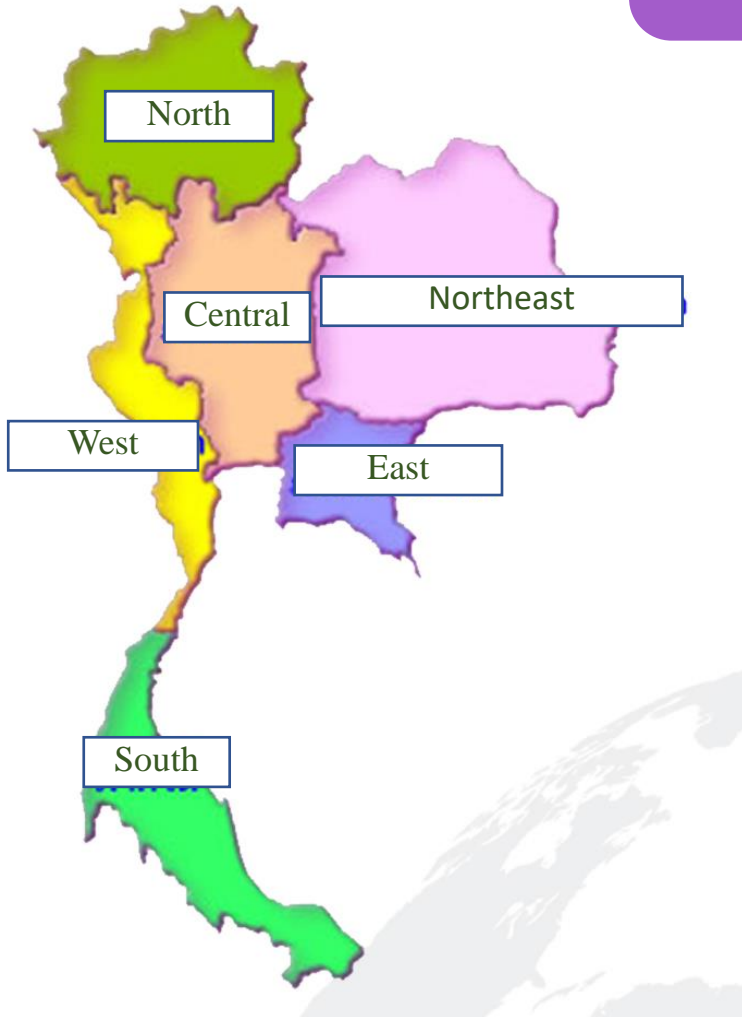
## Sufficiency

1. I spend only on necessary things, no need to borrow the money from the others.
2. I agree to have debt from buying expensive items, if it could help me earn a better self-image.
3. I am satisfied with my own life, do not need anything or want to be like the other.
4. I consider on the necessity and worthiness before deciding to spend on the costs.
5. I carefully consider on things before deciding to do.





# Morality situation pilot survey



## 6 Occupation Groups

1. Agriculture (farming, rice farming, gardening, Fishery, livestock)
2. Government service/government officers
3. Employees of private companies
4. State Enterprises
5. General employee
6. Self-employed/personal business



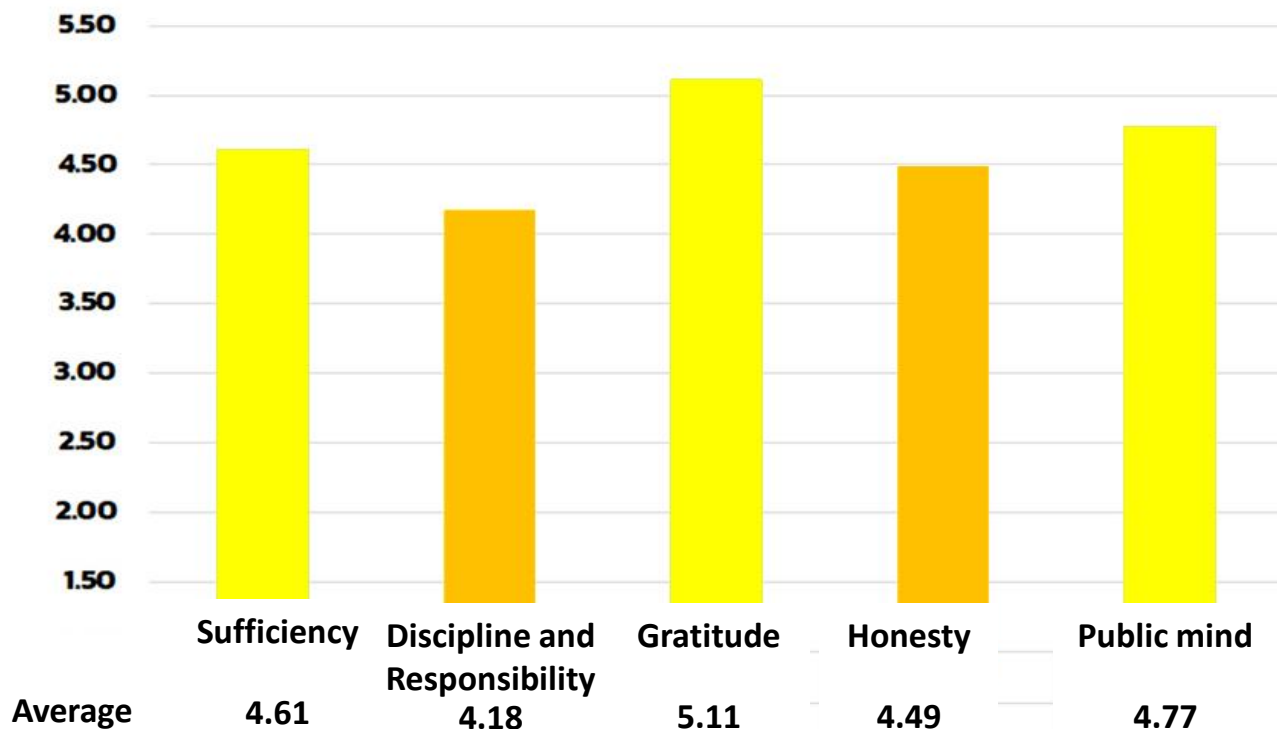


# Moral situation in 5 aspects among the group of Thai people age between 25-40 yrs. old in 2021



Average	Meaning
5.51-6.00	highest
4.51-5.50	high
3.51-4.50	moderate
2.51-3.50	less
1.00-2.50	poor

**Moral Index**  
In adult  
= 4.66



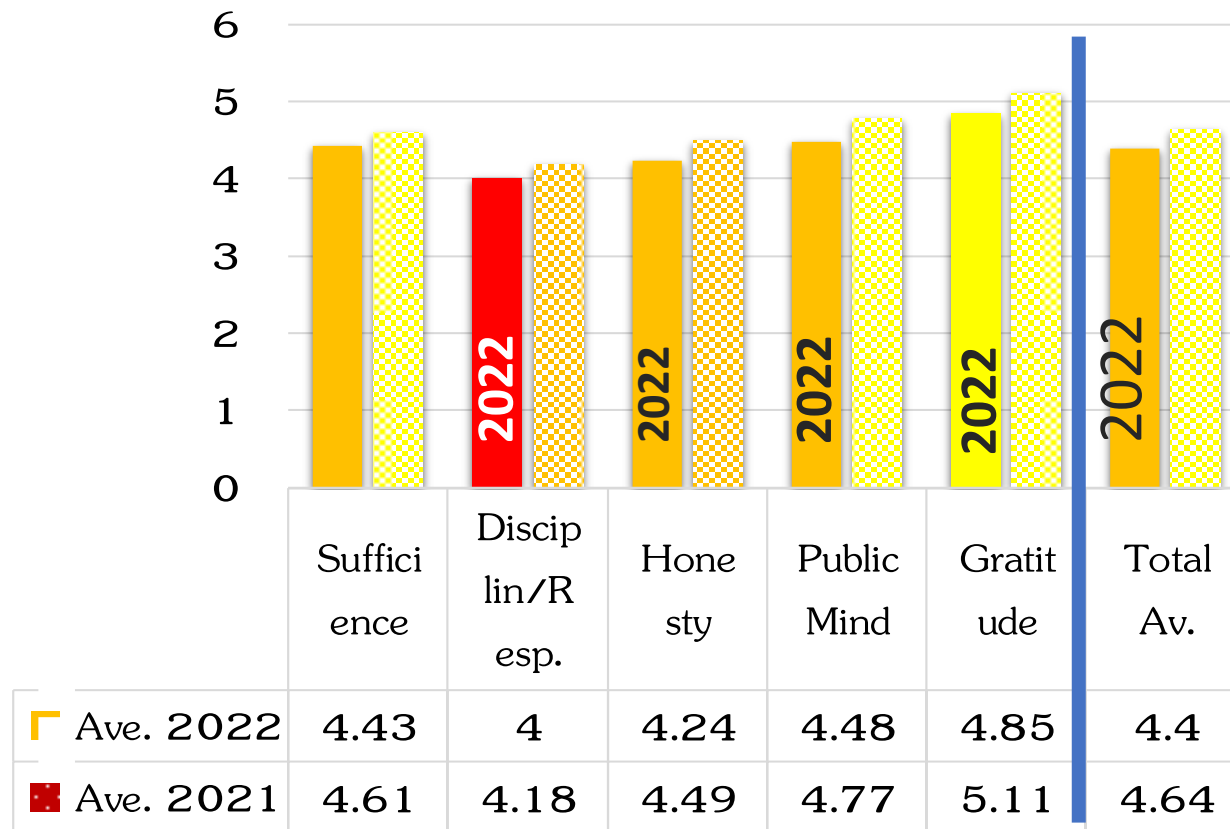


# Moral situation *in 5 aspects among the group of Thai people age between 25-40 yrs. old in 2022*



Average	2022
5.23 - 6.00	Highest
4.68 - 5.22	High
4.14 - 4.67	Moderate
3.60 - 4.13	Poor
1.00 - 3.59	Crisis

Average	2023
5.51 - 6.00	Highest
4.51 - 5.50	High
3.51 - 4.50	Moderate
2.51 - 3.50	Poor
1.00 - 2.50	Crisis



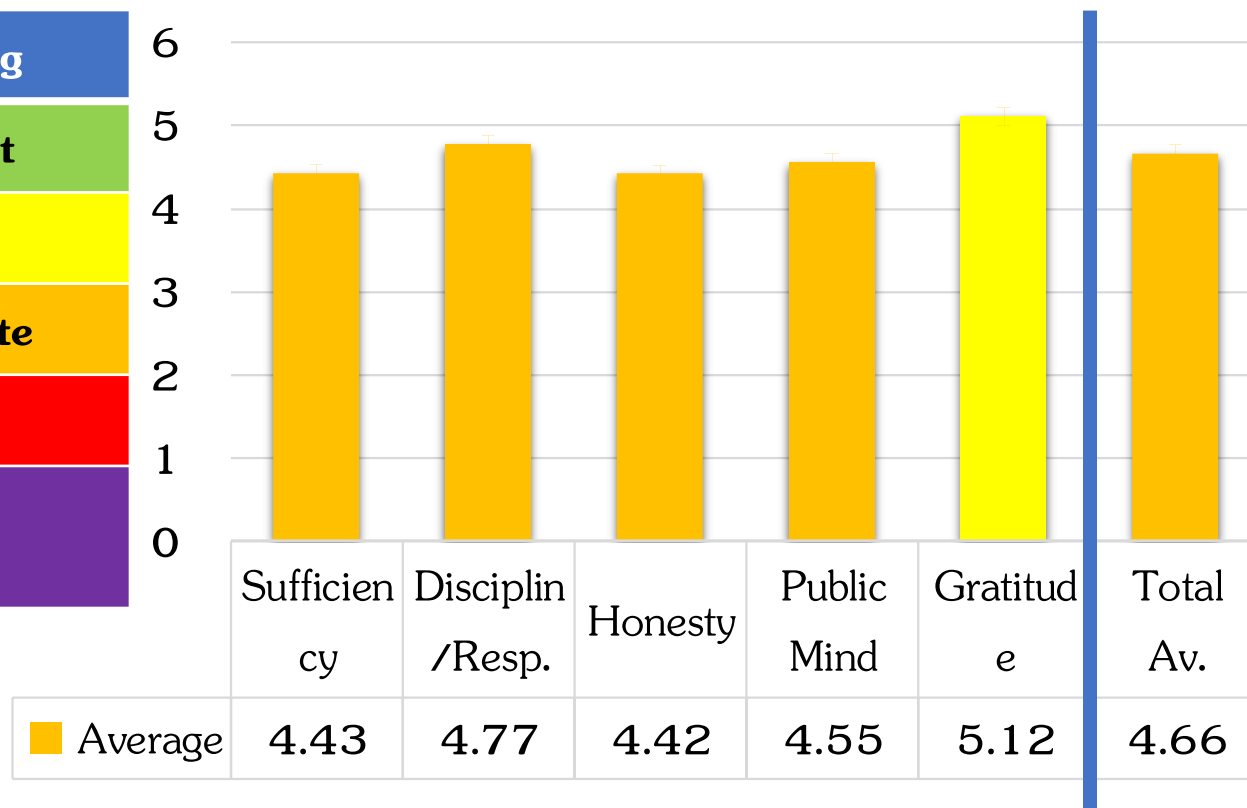


# Moral situation in 5 aspects among the group of Thai people age between **13-25 yrs.** 2022



Average	Meaning
5.49 - 6.00	Highest
4.94 - 5.48	high
4.40 - 4.93	Moderate
3.85 - 4.39	Poor
1.00 - 3.84	Crisis

**Moral Index  
In young people  
= 4.66**



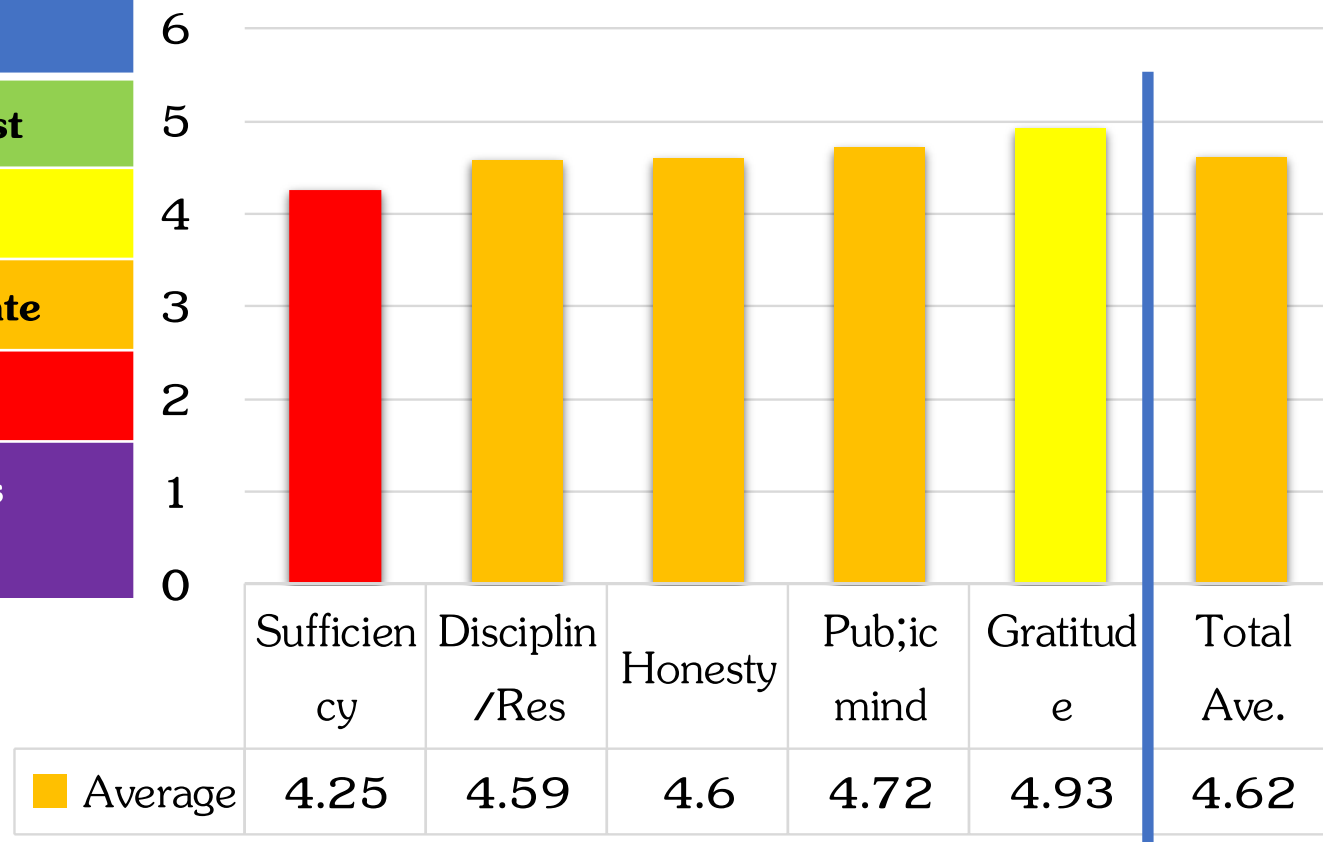


# Moral situation in 5 aspects among the group of Thai people age more than 40 yrs. old in 2022



Average	
5.46 - 6.00	Highest
4.90 - 5.45	High
4.35 - 4.89	Moderate
3.80 - 4.34	Poor
1.00 - 3.79	Crisis

**Moral Index**  
Senior citizen  
= 4.62

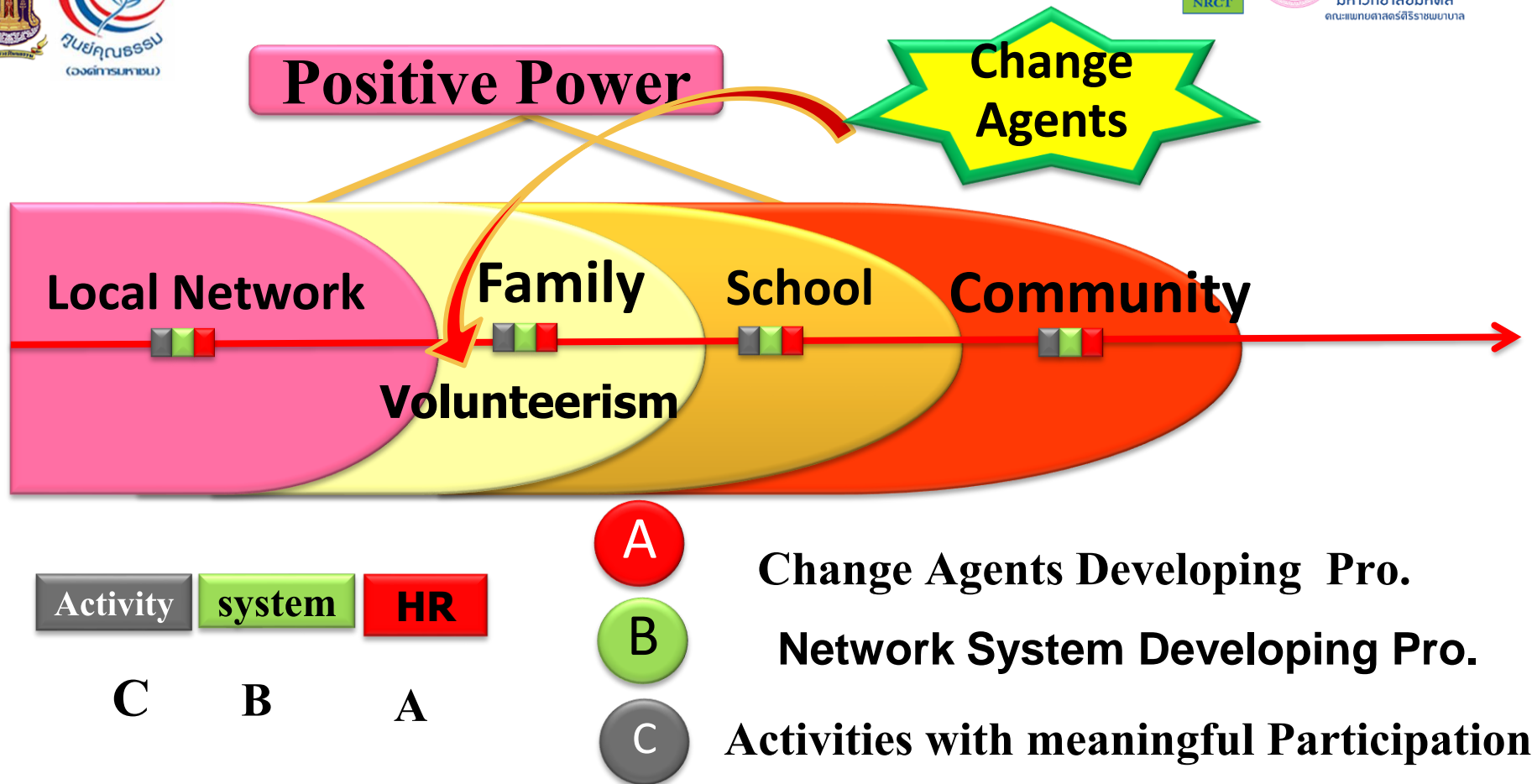




# Community Baby Sitting System



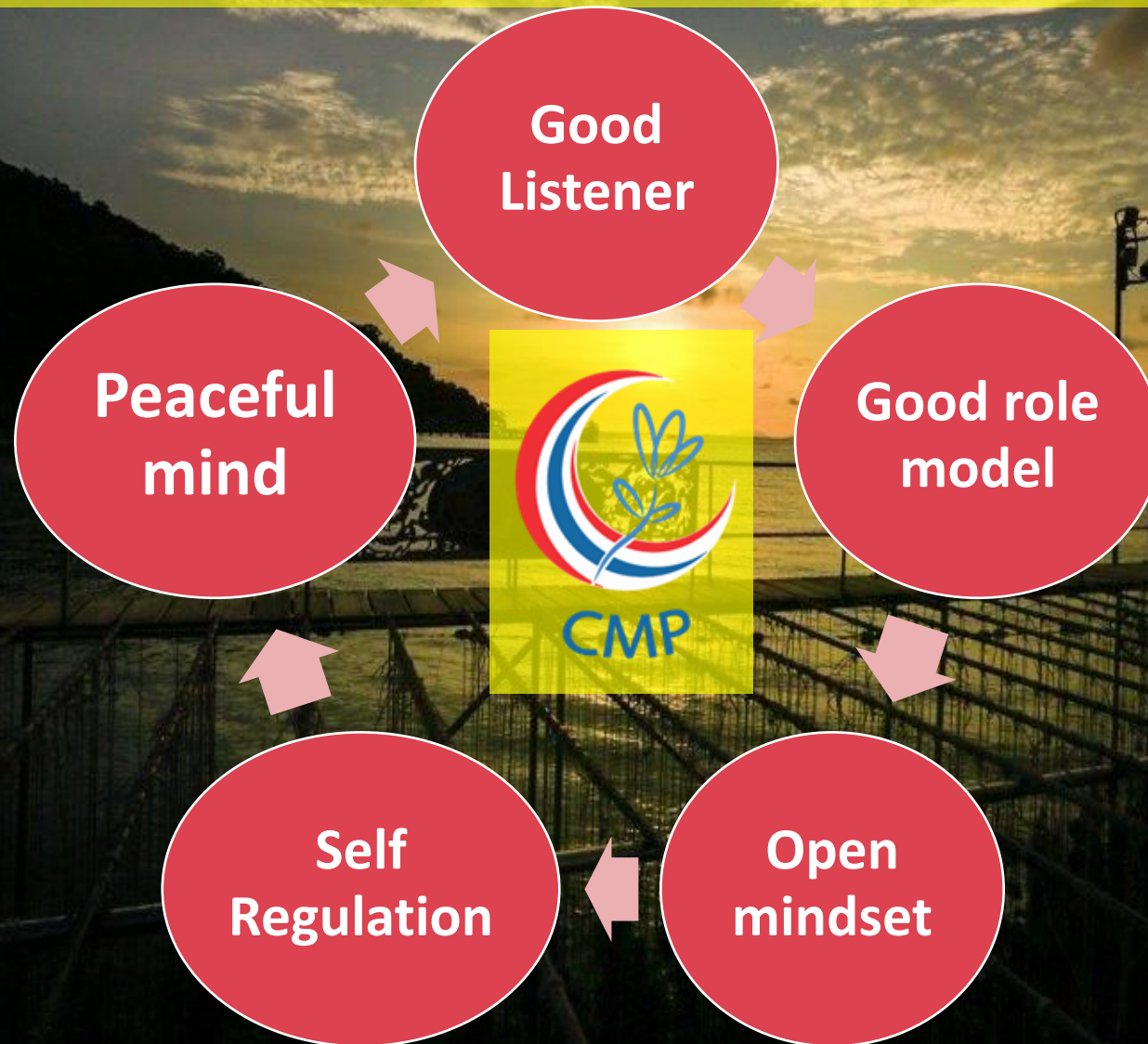
มหาวิทยาลัยมหิดล  
คณะแพทยศาสตร์ศิริราชพยาบาล







# Build Mindset ...Stop Violence





# **Positive Power ; Community Baby sitting system**

*By Assoc.Prof.Dr.Suriyadeo Tripathi MD.*





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CENTER FOR MORALITY PROMOTION



**Morality have a good place in society  
Morality is in your reach.**



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Thank you  
for your attention

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